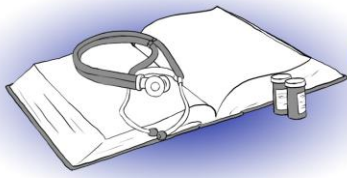


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STUDENT NATIONAL PHARMACEUTICAL ASSOCIATION

# CLINICAL SKILLS COMPETITION

## Regional Meeting Clinical Skills Competition

### *Patient Counseling*

### Competition Introduction

The Student National Pharmaceutical Association (SNPhA) 2011 Clinical Skills Competition Program is an educational opportunity for SNPhA members from different chapters to display their pharmaceutical knowledge and patient assessment skills through case presentations and patient counseling.

The Clinical Skills Competition is being expanded to include a patient counseling session in addition to case evaluations and presentations at the National Meeting. In an effort to provide additional member development opportunities and prepare participants for this addition a new Regional Meeting Clinical Skills Competition will be implemented to focus on patient counseling.

Regional participation does not impact the status of members in participating in the National Meeting's Clinical Skills competition. For example, if a student cannot take part in the Regional Meeting competition they will still be eligible to participate at the National Meeting if they meet all eligibility requirements. Along those same lines, if a team participates at the regional level they are not obligated to participate at the National Meeting competition. Final standings at the Regional Meeting will have no impact on team rankings at the National Meeting.

The regional patient counseling clinical competitions will be performed in pairs with each student team given a patient's medication profile to evaluate and provide appropriate counseling. First year pharmacy students will be required to register with an upper classman in their second, third or fourth year in pharmacy school. There are a limited number of slots available for teams to participate at the Regional Meeting and will be assigned on a first come, first serve basis. Schools that register first will be provided a time slot to compete. Remaining teams will be placed on a waiting list and notified if a slot becomes available.



Sponsor of the Student National Pharmaceutical Association Clinical Skills Competition Program

## Components of the Competition

All participants will receive their patient's prescription information just prior to their competition start time and will be required to counsel the patient on appropriate information and use of the medications. The patient may display personality characteristics to challenge the participants' ability to convey pertinent therapy information.

### Review of Case:

Students will have 5 minutes to review a patient's medication profile. Students will be allowed to utilize provided resources to prepare for the patient counseling session.

### Patient Counseling Session:

Participants will have approximately 5 minutes to conduct a patient counseling session on the patient's prescribed medications. This patient-pharmacist interaction will be the only section evaluated by judges.

### Resources:

At the Regional Meeting competition SNPhA will have resources available for participants to use. Participants will only be allowed to use resources provided by SNPhA. Notes will not be allowed to be taken into the patient counseling session.

### Attire:

Students will be expected to dress professionally during the competition. White lab coats are **MANDATORY**. Students will be required to supply their own lab coats.

### Rules:

- Student must meet eligibility requirements
- Chapters are allowed to enter ONE team of two members in the competition. Regional participation will be limited to availability.
- Students are required to dress professionally and wear their white lab coats.
- Students are not to discuss the case with others except their teammates
- Judges decisions are final and are not subject to appeal



## Eligibility:

1. Participants must be current SNPhA members.
2. Participants must be enrolled in a full-time Doctor of Pharmacy Program
3. First year pharmacy students are required to partner with a student currently in their second, third, or fourth year of pharmacy school.
4. Must not be licensed to practice pharmacy.
5. Must submit registration form to the National Vice President, Juan Lopez, at [juanlopez@snpha.org](mailto:juanlopez@snpha.org) by :
  - **February 4<sup>th</sup>** for Regional Meeting 3, 4, & 5
  - **March 1<sup>st</sup>** for Regional Meeting 1 & 2
6. The competition will be held on the Friday afternoon of the Regional Meeting. Teams must be present for their assigned start time or will forfeit their participation. Teams will be assigned a start time between 3:30pm and 5:30pm.



# Evaluation of Patient Counseling Teams

## Judging:

Judges will evaluate and score each team on the interaction and information presented during their patient counseling session according to criteria listed in the following guidelines. Participant's school affiliation will not be known to judges.

### Patient Interaction

- Student will be expected to
  - Communicate to the patient why the counseling session and included information is important
  - Systematically think through problems and present medication information in a logical order
  - Display confidence and the ability to control and direct the counseling session
  - Manage time effectively
  - Work efficiently with their team member

### Communication Skills

- Students will be expected to
  - Display effective verbal communication skills
  - Use an interactive approach to assessing and verifying patient understanding through the use of open-ended questions
  - Display effective nonverbal communication
  - Use language the patient will be able to understand
  - Demonstrate effective counseling techniques

### Professional Knowledge

- Students will be expected to
  - Provide drug education to the patient in a manner that the patient can understand and use to benefit their therapy
  - Convey accurate information concerning the patient's medication therapy including but not limited to: medication, indication, dosage, form, route, duration, pertinent side effects, precautions, interactions, missed dose procedures, storage recommendations, and specific techniques for self monitoring
  - Discuss any potential therapeutic problems
  - Correct any incorrect information relayed by the patient
  - Recognize compliance problems and increase adherence



## Competition Prizes & Awards

### 1<sup>st</sup> Place Team (per member)

- \$100
- American Airlines Flight Voucher courtesy of the Kroger Co. to attend the 2011 National Meeting in Atlanta, GA
- 1 year subscription to Epocrates Rx Pro
- Sanford Guide to Antimicrobial Therapy, 2010 by David N., M.D. Gilbert, Robert C., Jr., M.D. Moellering, George M., M.D. Eliopoulos, and Henry F., M.D. Chambers
- The Washington Manual of Medical Therapeutics, 33rd edition by Washington University School of Medicine, Daniel H Cooper, Andrew J Krainik, and Sam J Lubner

### 2<sup>nd</sup> Place Team (per member)

- \$50
- Sanford Guide to Antimicrobial Therapy, 2010 by David N., M.D. Gilbert, Robert C., Jr., M.D. Moellering, George M., M.D. Eliopoulos, and Henry F., M.D. Chambers
- The Washington Manual of Medical Therapeutics, 33rd edition by Washington University School of Medicine, Daniel H Cooper, Andrew J Krainik, and Sam J Lubner

### 3<sup>rd</sup> Place Team (per member)

- \$25
- The Washington Manual of Medical Therapeutics, 33rd edition by Washington University School of Medicine, Daniel H Cooper, Andrew J Krainik, and Sam J Lubner

